Vancouver metro

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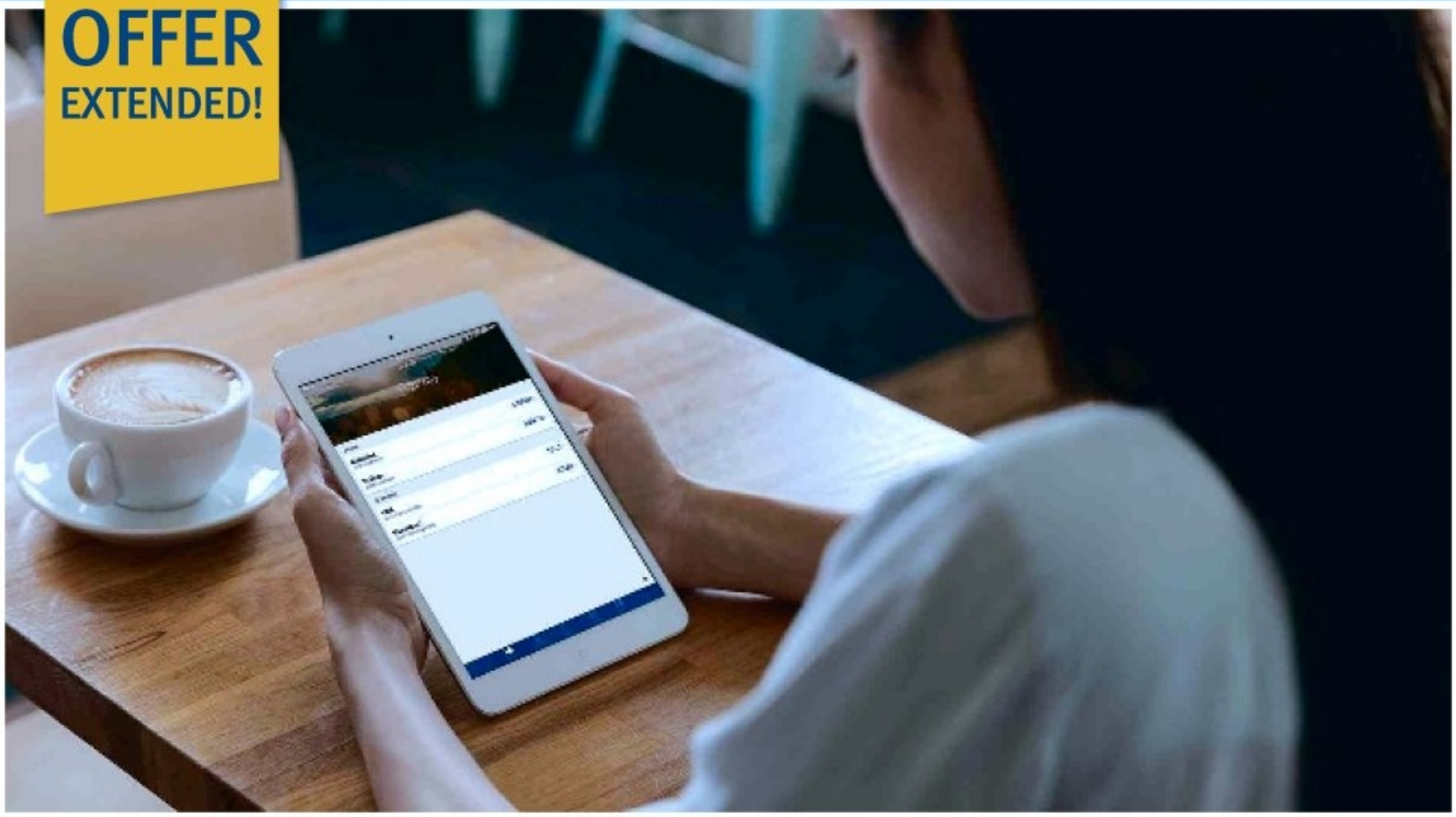

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TAKE IT TO THE milk BANK

Vancouver Coastal Health wants moms to donate breast milk for premature and sick babies
metroNEWS

'Condo king' in hot water

REAL ESTATE

Did Rennie know about foreign buyer tax early? Eby calls for probe

Jen St. Denis
Metro | Vancouver

Opposition MLA David Eby is calling on the provincial government to investigate whether Vancouver's "condo king" knew about a new foreign real estate buyer tax weeks before it was announced.

"He had the opportunity — whether or not he took it is another story — to arrange his business and sales to profit from this information, or to assist his clients in profiting from this information," Eby told Metro in a phone interview. The NDP MLA has sent a letter to Premier Christy Clark's office asking government to investigate.

Condo marketer Bob Rennie made the comments to the Globe and Mail in a story published Monday, saying he knew about the tax three weeks ago, but thought it would be five to eight per cent. On July 25, the government introduced legislation to impose a 15 per cent tax on real estate purchases made by foreign nationals.

In an emailed statement, the B.C. government said all measures of confidentiality were in place and only government officials directly working on the legislation had knowledge of the tax: "Any new tax measure can have market implications and must be handled with the highest level of confidentiality."

Rennie did not respond to Metro's interview request. But according to statements tweeted by Globe and Mail reporter Mike Hager, Rennie subsequently clarified his comments to say he had only made an educated guess that the foreign buyer tax would be introduced, based on the provincial government's recent decision to allow the City of Vancouver to levy a tax on vacant homes.

Rennie has strong ties to the B.C. Liberal Party; he has donated generously to the party and is currently chair of B.C. Liberal's fundraising committee.

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metro NEWS
Your essential daily news

'There has to come a point at which you say enough.' **World**

'So much emotion for us'

MISSING WOMEN

Inquiry begins to hope and concern from victims' families

David P. Ball
Metro | Vancouver

Family members of Vancouver's missing and murdered indigenous women braced for Wednesday's launch of a long-sought national inquiry into their disappearances with a mix of hope and skepticism.

The federal government is set to announce the creation of its promised public investigation into what the Royal Canadian Mounted Police have estimated to be at least 1,200 missing-woman cases nationwide.

Lorelei Williams is one local woman whose life has been impacted in many ways by the tragedy. Her cousin Tanya Holyk's DNA was found on convicted serial killer Robert Pickton's farm, but her aunt Belinda Williams remains missing. She told Metro her aunt survived being pushed out an upper window of a Downtown Eastside hotel only to see the man arrested for the crime immediately released.

"I know the families fighting for this — all the families across this country — are in shock," Williams, founder of the non-profit dance troupe Butterflies in Spirit, told Metro. "This is bringing up so much emotion for us."

Butterflies in Spirit founder Lorelei Williams, centre, with the non-profit dance troupe made of family members of missing and murdered women performs in a 2012 file shot. DAVID P. BALL/METRO

On Tuesday evening in Ottawa, federal cabinet ministers met with other family members of missing women for a private meeting, and announced afterward that there would be an announcement the next morning by Indigenous and Northern Affairs minister Carolyn Bennett, status of women minister Patty Hajdu, and Attorney General Jody Wilson-Raybould.

A national public inquiry has long been a demand of families, as well as organizations like the Native Women's Association of Canada.

But the government of former Prime Minister Stephen Harper rejected the idea, arguing numerous times that action was more important than study and words.

"For the families, this is hard," Williams said. "It seems like our voices are being heard, but at the same time it's scary: is it going to be done properly?"

Her fear about how the inquiry is conducted stems, Williams said, from her experience with British Columbia's own Missing Women Commission of Inquiry, headed by former Attorney General Wally Oppal.

That inquiry saw every major human rights and Aboriginal organization withdraw in protest one by one over its course, expressing concern about the procedures, the exclusion of groups, and lack of funding to participate for marginalized community organization.

Williams expressed worry that a leaked draft of the inquiry's terms of reference made scant reference to police forces across Canada, despite Bennett's assurances that police accountability will be on the table.

"It has to be more clear," Williams said, "or else they could find ways of not looking at those issues.

"I don't want this to be another inquiry where they make a bunch of recommendations that won't be followed through with, especially when police issues are so huge."

> **"It seems like our voices are being heard, but at the same time it's scary: is it going to be done properly?**
> Lorelei Williams

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FESTIVAL

Kimberley mulls medieval contest

A southeastern British Columbia city could soon begin brushing up on heraldry, the chivalric code and everything medieval as it mulls a knightly proposal.

Two Alberta groups whose members take part in staged medieval battles want to know if Kimberley, B.C., would be interested in hosting an event linked to the International Medieval Combat Federation.

Members of Calgary-based Ironheart Vanguard and Blades of the Crimson Aurora from Edmonton travelled to Kimberley last month for a two-day medieval festival.

They liked what they saw and the organizer of the Kimberley event says the Alberta groups inquired about the city's interest in a larger medieval celebration.

Michelle Forbes says it could be a good fit for Bavarian-themed Kimberley.

She says the world championships of the International Medieval Combat Federation were held in Brazil this year and attracted competitors from around the world.

"It's relatively new in Canada, the biggest one of course is the Battle of Brooks at the Brooks Medieval Faire," Forbes says of the Canadian event set for this weekend in Brooks, Alta., about 200 kilometres southeast of Calgary.

The International Medieval Combat Federation has members from Europe to North America and Japan, and hosts historically accurate combat martial arts competitions in the chivalric tradition.

The Brooks Medieval Faire has been running for 13 years, highlighting everything from a jousting tournament to sword-fights and mythical creatures in costume.

THE CANADIAN PRESS

The skyline from Stanley Park. JENNIFER GAUTHIER/FOR METRO

Developers warn about foreign tax

REAL ESTATE

Lobby group says home costs may go up

Jen St. Denis
Metro | Vancouver

It's possible that B.C.'s new 15 per cent tax on foreign purchases of Metro Vancouver residential real estate could raise property prices, not lower them, says a development industry lobby group.

That's because the tax will apply to development companies who have a limited partnership with a foreign investor, said Anne McMullin, president and CEO of the Urban Development Institute. The arrangement is common for many of Vancouver's largest developers.

"All those purchases of land and land assemblies, developers will have to pay an extra 15 per cent," McMullin said, referring to a legal opinion the organization had obtained.

UDI is still trying to get clarification on the tax from B.C.'s Ministry of Finance. A response emailed to Metro by ministry staff stated: "When it comes to corporations, it all depends on who controls the corporation. If a corporation is foreign controlled, then the full amount of the tax is payable on the value of corporation's purchase. If a corporation is controlled by a Canadian citizen or a resident, then the tax would not apply."

The tax, which took effect Aug. 2, is intended to slow the flood of international money that has landed in Metro Vancouver real estate. Data collected by the province in June and July showed foreign buyers bought over $885 million worth of Metro Vancouver houses and condos in just five weeks.

Critics say B.C.'s tax is poorly designed because it applies to people here on work permits and are both living and paying taxes in the province. It also appears to discourage foreign investment in real estate development.

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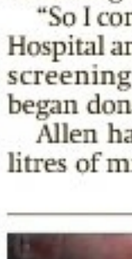
Vancouver Coastal Health aims to boost breast milk donations

INFANT CARE

New drop-off centres make it easier for moms to give



Wanyee Li
Metro | Vancouver

The best part about a new breast milk donation centre opening in Richmond is there will finally be room in the freezer for other things, said new mother and donor Alexandra Allen.

Vancouver Coastal Health opened four new drop-off locations for mothers to donate breast milk Tuesdsay, including one at Richmond Public Health, located seven minutes away from where Allen lives with her eight-month-old daughter, Malena Braconnier.

Allen had an oversupply of milk and stored it in her freezer, but there was just too much, she said.

"I was pumping so much milk that it feels almost criminal to throw it away and my doctor said [the hospital] is always looking for breast milk," said Allen, balancing Malena on her hip.

"So I contacted BC Women's Hospital and went through the screening process and then began donating milk."

Allen has donated about 95 litres of milk since her daughter was born.

Milk donor Alexandra Allen (right) at Richmond Public Health with her eight-month-old daughter. WANYEE LI/METRO

Donors go through a screening process that includes a blood test and medical-history check, said Maureen Lister, a public health nurse with Vancouver Coastal Health.

When the milk arrives at a drop-off location, workers weigh and freeze the bags, then whisk them away to the BC Women's Provincial Milk Bank, located at BC Women's Hospital. Babies in intensive care get first dibs on the milk but mothers who need breast milk can call the Provincial Milk Bank to ask if there is any available.

There are a variety of reasons why a mother and child would need help from a milk bank, including allergies to formula or an illness, said Lister.

> **This was a great way for me to feel that I was making a difference.**
> Alexandra Allen

"If for some reason the mom is not able to make their own milk or the baby is sick in the hospital… we look to donors to help give babies the best start in life."

There is always more demand than supply, she said.

"As many moms as we can encourage to become donors, perhaps by making it a little bit more convenient for them to drop their milk off there, we'd like to be a part of that."

Making the decision to donate breast milk after her daughter was born was easy, said Allen, because she realized how demanding motherhood could be.

"Being a parent can be kind of overwhelming and especially everything surrounding breastfeeding. There's a lot of hormones going around and it's easy to feel inadequate, whatever you're doing," she said.

"This was as great way for me to feel that I was making a difference."

The BC Women's Provincial Milk Bank was founded in 1974 and has screened over 4,000 donors and processed 43,000 litres of milk, according to its website.

LOCATIONS

Donations accepted at:

- Raven Song Community Health Centre
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- Richmond Public Health
- Squamish community Health Centre
- Evergreen Community Health Centre (opens fall 2016)

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Mayor commits to affordable housing

HOMELESSNESS

Vows tent city will become social spaces

David P. Ball
Metro | Vancouver

It was an unusual setting for an announcement by the mayor of one of Canada's largest cities.

But if Vancouver Mayor Gregor Robertson was at all nervous at the corner of Main and Hastings streets — engulfed by a crowd of Downtown Eastside residents, some shouting at him about housing shortages — he didn't show it.

"We've lost so much of the housing here in Vancouver that was at shelter rates partly because of the affordability issue, partly because welfare rates have been frozen for so many years," he said as a group of local activists and residents held aloft a handwritten sign listing their housing demands.

> **This is the commitment we achieved.**
> Karen Ward, spokesperson for tent city

The messy scrawl on paper brandished by the housing advocates listed a set of agreements reached with the mayor and city staff during an unprecedented 1.5-hour meeting.

He met with residents from several groups, including the Vancouver Area Network of Drug Users and organizers behind a weeks-old protest encampment calling for an increase in social housing amidst higher-than-ever homelessness.

That tent city, the latest incarnation of a previously used Vancouver protest tactic, occupies 58 West Hastings St., site of another encampment during the 2010 Olympics.

"We have homeless camps right across the province now," Robertson said. "We need to be sure the B.C. government is focused on solving homelessness, building the social housing we need here on the streets of Vancouver."

According to the agreement signed by Robertson, the tent city site will become "100 per cent social housing," with priority to people on welfare and pensions, and vowed to continue advocating for the province to raise welfare shelter allowances lifted above $375 a month for a single person.

"We demanded change and this is the commitment we achieved today," said Karen Ward, a spokesperson for the tent city. "We talked for about an hour about the crisis of homelessness, the decaying (Single Resident Occupancy) stock, and the ridiculously low welfare shelter rates in our community."

Karen Ward, left, spoke about the meeting between tent city organizers, local residents, and Vancouver Mayor Gregor Robertson at Carnegie Community Centre on Tuesday. DAVID P. BALL/METRO

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SUSTAINABILITY

City hires U.S. city planner

Matt Kieltyka
Metro | Vancouver

The City of Vancouver has announced the hiring of Gil Kelley as its new chief planner.

Kelley will begin work on Sept. 15 and has also been named general manager of the newly created Department of Planning, Urban Design and Sustainability within the city.

Most recently, Kelley was director of city-wide planning for San Francisco and also spent 10 years as the director of planning for the city of Portland.

"Gil will help take Vancouver to the next level in becoming a greener, more affordable and inclusive city," said Vancouver Mayor Gregor Robertson in a statement. "Gil's extensive experience in cities like San Francisco and Portland is highly valuable at a time when Vancouver is facing an affordability challenge like never before, and we are thrilled to have him join our team at City Hall."

The city says Kelley's responsibilities will include helping update the city's 10-year affordable housing strategy, implementing policy work completed on the removal of the Georgia and Dunsmuir viaducts, renewing the planning and urban design framework for Vancouver's city core, completing recommendations on the city's new Heritage Action Plan and implementing the city's climate adaption plan.

"I am pleased and honoured to be taking the helm of planning in Vancouver, one of the most vibrant, liveable and sustainable cities in the world," Kelley said in the release. "It's a good moment in the city's history to 'double down' on those qualities and aspirations and take them to the next level, as Vancouver grows and prospers."

Kelley replaces Brian Jackson, who announced his retirement last year.

The city also announced Kaye Matheny-Krishna has been appointed new general manager of the Development Services, Building and Licensing department.

Gil Kelley has worked for San Francisco and Portland in similar capacities. CONTRIBUTED/CITY OF VANCOUVER

Reshaping immigration

GOVERNMENT

Experts say federal report must address four key gaps

Having inherited an immigration system plagued with backlogs and heavy-handed enforcement, the Liberal government says it's keen to hear what you think needs to be done about Canada's immigration future.

Since the beginning of the summer, Immigration Minister John McCallum and his parliamentary secretary, Arif Virani, have held more than two dozen roundtable meetings across Canada with settlement services organizations, businesses and community groups.

While the final report won't be ready until the fall, Torstar News Services interviewed a group of immigration experts to weigh in on the national dialogue by identifying gaps in the system and offering solutions.

Jasmyne Bowen waves her Canadian flag while sitting on her cousin's lap during the citizenship ceremony for 37 new Canadians in Guelph in July 2013. TONY SAXON/TORSTAR NEWS SERVICE

Meaningful and accessible citizenship

Andrew Griffith, a former director general at the immigration department, said Canada largely has its immigration policies and programs right, but an independent review by a royal commission would be helpful.

Griffith said Ottawa must set targets for naturalization as a benchmark, to assess whether its policies strike the right balance in making citizenship accessible and meaningful.

Family reunification key to immigrants' success:

Debbie Douglas, of the Ontario Council of Agencies Serving Immigrants, said Canada's immigration program should be guided by the principle of nation-building. And the best way to support newcomers is to support family reunification through faster processing.

"We believe family reunification should be increased to 40 per cent of total immigration numbers," she said.

"Canada should also prioritize refugee family reunification and invest the needed resources to reduce processing delays in refugee family sponsorship."

Foreign workers, migrants need access to permanent residence:

Harald Bauder, director of Ryerson University's graduate program in immigration and settlement studies, said the success of Canada's annual intake of immigrants depends on the government's willingness to fund the settlement sector.

With proper resources, he said, Canada could welcome far beyond 1 per cent of its population annually.

The 1 per cent solution for growth and prosperity:

The Conference Board of Canada said immigration is the backbone of the country's population growth and Canada could admit up to 1 per cent of its population in immigrants each year, for its economic prosperity.

"To go beyond the 1 per cent annual level of immigration, Canada would need to rethink its allocation of resources and strategic plans for helping to spread settlement across the country and outside of major cities," the board said in a response prepared by vice-president Michael Bloom and research associate Kareem El-Assal. THE CANADIAN PRESS

IN BRIEF

Agency urges caution as Zika hits U.S. mainland

The Public Health Agency is telling pregnant Canadian women who visited the Miami area in Florida on or after June 15 to take precautions against the Zika virus.

The warning comes after U.S. health officials said mosquitoes have apparently started spreading Zika on the U.S. mainland. THE CANADIAN PRESS

Ontario NDPer drops out of federal leadership race

Ontario New Democrat Cheri DiNovo is pulling out of the federal NDP's leadership race because of health reasons.

DiNovo, a member of the Ontario legislature, issued a statement saying she suffered what doctors believe were two small strokes in recent weeks, which she called "a terrifying ordeal."

The veteran NDPer says she needs to spend the next month or so focusing on her health so she'll be able to return to the Ontario legislature for the fall sitting. THE CANADIAN PRESS

TRAVEL

Disability advocates decrying lack of accessibility aboard Air Canada planes

Luke Simcoe
Metro | Toronto

A Toronto man who was denied a seat on an Air Canada flight because his wheelchair is too large is a sign of "systemic" problems in the airline industry, accessibility advocates say.

Tim Rose, 31, tried to book a flight to Cleveland in September but was told he wouldn't be able to fly because his wheelchair can't fit in the cargo hold.

"I said, 'This is discrimination,' and they said, 'No it's not, it's the same thing as if you had an oversized bag. If it doesn't fit, it doesn't fit.' So essentially, she just compared me to luggage," Rose said.

Ing Wong-Ward, associate director of Toronto's Centre for Independent Living, uses a wheelchair and said Rose's experience is unfortunately not unique.

"Any traveller who uses a wheelchair can tell you their own stories of horror or surprise," she said. "I have friends who are wheelchair users who don't fly anymore because it's such a hassle."

Wong-Ward has travelled extensively and has yet to find an airline that "gets it," she said.

Tim Rose TORSTAR NEWS SERVICE

Passengers cannot bring their mobility devices on board aircraft, so, when she flies, Wong-Ward spends hours "in a seat that's not designed for my body" while worrying if her wheelchair will be there when she disembarks.

"One thing people need to understand is that a wheelchair is what we rely on for our independence and autonomy," she said. "It's not just a piece of luggage like ski equipment or a surf board."

Luke Anderson, founder of the Stop Gap initiative, which provides accessible wheelchair ramps to businesses, said companies like Air Canada should provide equal service to every passenger.

"They need policies in place to accommodate regardless of the situation. If one aircraft can't handle it, then there needs to be a policy that puts another aircraft in its place," he said.

Anderson and Wong-Ward are hopeful cases like Rose's can help move the conversation forward and reduce barriers for those with disabilities.

"Tim's in the unfortunate situation of having discovered the issue but hopefully it will help companies like Air Canada develop better policies," he said.

WITH FILES FROM THE CANADIAN PRESS

RESPONSE

A representative from Air Canada said the plane that travels between Toronto and Cleveland has a cargo hold door that is too small for Rose's wheelchair.

The representative said the airline contacted Rose and presented him with two options: to take an indirect flight on planes that have a larger cargo door or to have the wheelchair transported on a different flight and sent to him when he arrives in Cleveland. Rose denied receiving any such offers. THE CANADIAN PRESS

CORRECTIONS CANADA

Prisons black out death errors: Study

A study prepared by Canada's federal prison ombudsman says Corrections Canada consistently blacked out possible errors or shortfalls documented in investigation reports into jail deaths sent to families.

Howard Sapers says in a study released Tuesday that his office compared the uncensored investigatory reports it received from Corrections Canada with the highly edited versions eight families obtained through access-to-information laws.

The report says the "current practice of exempting errors, shortfalls and policy non-compliance leaves little room for public scrutiny, accountability or ... legal recourse."

Titled In the Dark, the 38-page study was carried out last year after some families complained to Sapers' office about their difficulty in receiving information about how loved ones died between 2013 and 2015.

"It's very hard for me to conclude that all the redactions that I reviewed for this investigation were that legitimate. There were some redactions that I think Correctional Service Canada is going to have to explain," Sapers said in an interview.

There were 65 deaths in 2015-16 in federal correctional institutions.

Sapers' report says his office's advisor concluded that the blacking-out of sections of the seven reports, prepared by a panel that looks into non-natural deaths, "completely change the context of the information that is provided."

But the report says the greater concern was the slicing out of sensitive material that might implicate Correctional Service Canada officials for failing to follow policy.

> **"There were some redactions that I think Correctional Service Canada is going to have to explain."**
> Howard Sapers

"More concerning was the consistent redaction of information in which possible errors, shortfalls or policy non-compliance were noted in the original report," says the report. THE CANADIAN PRESS

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ISTOCK

Ready to save?

How to start planning — and saving — for retirement

Sean Deasy

Retirement signals some big changes. Chief among these is a potentially uncertain income. Despite this, some Canadians don't steer serious savings toward their post-career life until their 40s — or even later. Why not ratchet up your savings right now? It's the cornerstone of your retirement plan.

If you began socking away income in your 20s rather than your 40s, you'll clearly have more cash in retirement. But whether or not you got that early start, there's no time like the present to embrace the principals of saving. Determine where you spend your money on a daily, weekly or monthly basis, and then either budget or track your expenses. Understanding how much and where you spend your savings is the basis of an enduring financial plan.

Start an automatic savings plan. Have some funds come off each paycheque and automatically deposited into your bank account. Most people tend to spend first and try to save whatever they have left over. The best plan, especially for large-scale saving, is the opposite: save first and then live on the remainder.

Paying off debt entirely prior to retiring is a challenge for many Canadians. Those who enter into retirement in the red risk being tethered by a debt load that will only grow. Try to resist using your credit cards unless you pay them off unfailingly, and recognize that you one day might not have the lifestyle you enjoy today.

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Your financial plan is in place. What now?

ISTOCK

Sean Deasy

You've stockpiled enough savings to make sure your retirement will be financially comfortable. But what will those golden years look like? You've already done the hard part — long-term financial planning is the key to living the life you've always wanted. But there are other considerations, too:

Going from full-time employee to full-time retiree can be a shock for some. To prepare yourself, get educated. Read books and blogs on retiring happily or, better yet, find a mentor who's currently flourishing in retirement. Mine them for tips and advice on how they've transitioned. Are you interested in part-time employment or full-time volunteering, or a combination of the two? A good mentor has likely found the right balance.

Enjoying a good quality of life largely depends on maintaining good health. Regular exercise is one key: staying active can prevent health problems, keep bones strong and boost your mental well-being. (If you've never been into athletics, recruit an activity partner for a built-in incentive.) Maintaining a healthy diet and having regular medical check-ups are also must-dos. You'll need energy to enjoy everything you'll have time for in retirement.

Your savings are solid, but how are your investments? Combining your existing nest egg with other sources of income, such as a Retirement Income Fund (RIF), can create a healthy, tax-efficient income stream. Retirement is all about minimizing uncertainty. An RIF lets you determine how much income you withdraw yearly from your savings —flexibility you'll appreciate for the adventure ahead.

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Trump 'unfit' to be president: Obama

PRESIDENTIAL RACE

U.S. leader says it's time for Republicans to cut ties

In a searing denouncement, President Barack Obama castigated Donald Trump as "unfit" and "woefully unprepared" to serve in the White House. He challenged Republicans to withdraw their support for their party's nominee, declaring, "There has to come a point at which you say enough."

While Obama has long been critical of Trump, his blistering condemnation Tuesday was a notable escalation of his involvement in the presidential race.

Obama questioned whether Trump would "observe basic decency" as president, argued he lacks elementary knowledge about domestic and international affairs and condemned his disparagement of an American Muslim couple whose son was killed while serving the U.S. Army in Iraq.

A chorus of Republicans has disavowed Trump's criticism of Khizr and Ghazala Khan and the Republican nominee's calls to temporarily ban Muslims from coming to the U.S. But Obama argued that isn't enough.

"If you are repeatedly having to say, in very strong terms, that what he has said is unacceptable, why are you still endorsing him?'" Obama asked during a White House news conference. "What does this say about your party that this is your standard-bearer?"

U.S. President Barack Obama speaks about Donald Trump at a press conference Tuesday. SAUL LOEB/AFP/GETTY IMAGES

No prominent Republican lawmaker responded to Obama's challenge.

Sen. Mark Kirk, who is facing a tough re-election fight in Illinois, rescinded his endorsement of Trump in June after the GOP nominee criticized an American-born judge's Mexican heritage.

Others, including Senate Majority Leader Mitch McConnell and House Speaker Paul Ryan, have broken with the nominee on individual issues but continue to back his candidacy.

Instead, it was Trump stunningly withholding his support from top GOP lawmakers, including House Speaker Paul Ryan.

Democratic nominee Hillary Clinton sees GOP concerns about Trump as an opportunity to reach out to party moderates — particularly women — who may be so upset by the nominee that they're willing to look past policy differences and questions about Clinton's character.

Ahead of Obama's remarks Tuesday, GOP Rep. Richard Hanna of New York said he would be voting for Clinton. Hanna, who is retiring from Congress, had previously said he couldn't back Trump.

Writing in the Syracuse Post-Standard, Hanna said that while he disagrees with Clinton on many issues,

"I trust she can lead."

THE ASSOCIATED PRESS

TRADE DEAL

Obama says he plans to save the 12-country Trans-Pacific Partnership trade deal during the two-month post-election period known as the lame-duck session, when the outgoing administration and lawmakers briefly remain in office.

The deal essentially dies without U.S. ratification. To enter into force, the agreement needs to be approved by the lawmaking bodies of at least 85 per cent of the TPP region's total economy — a mathematically impossible task without the U.S. THE ASSOCIATED PRESS

PARTY DIVISION

Nominee refuses to endorse key figures

As Republican loyalists continue to flee, Donald Trump ignited new party tensions Tuesday by refusing to endorse House Speaker Paul Ryan or a pair of senators seeking re-election, a remarkable display of party division just three months before Election Day.

The Republican presidential nominee told The Washington Post he's "just not quite there yet," when asked about an endorsement of Ryan, who faces a primary election next week. In doing so, he echoed the House speaker's comments of almost three months earlier, when the Wisconsin congressman was initially reluctant to embrace Trump as his party's standard bearer.

Also Tuesday, the woman who helped shape New Jersey Gov. Chris Christie's national image declared that she's voting for Clinton.

"As someone who has worked to further the Republican Party's principles for the last 15 years, I believe that we are at a moment where silence isn't an option," former Christie senior aide Maria Comella told CNN.

They join dozens of high-profile GOP leaders who have previously said they would not vote for Trump, including the party's 2012 nominee, Mitt Romney, and former Florida Gov. Jeb Bush.

A day earlier, Sally Bradshaw, an architect of the Republican National Committee's 2013 Growth and Opportunity report, said she's leaving the GOP. Her decision to leave the party rocked those who make politics their profession.

"Trump has moved in exactly the opposite direction from our recommendations on how to make the party more inclusive," said Ari Fleischer, who worked with Bradshaw and was a senior adviser to President George W. Bush.

Paul Ryan ASSOCIATED PRESS

Fleischer still supports Trump over Clinton. But Bradshaw and Comella are among a group of top Republican operatives, messengers, national committee members and donors who continue to decry Trump's tactics, highlighting almost daily — with fewer than 100 days before the election — the fissures created by the billionaire and his takeover of the party.

Christie, the New Jersey governor, continues to be one of Trump's biggest supporters. But Comella, his former aide, said the survival of the party depends on stopping Trump.

"Instead of speaking out against instances of bigotry, racism and inflammatory rhetoric, whether it's been against women, immigrants or Muslims, we made a calculus that it was better to say nothing at all in the interest of politics and winning elections," she told CNN. "For me, if our party has a future, we have to change that trajectory and lead by example." THE ASSOCIATED PRESS

> We are at a moment where silence isn't an option.
> Maria Comella

IN BRIEF

Turkish president blames West for attempted coup

Turkish President Recep Tayyip Erdogan once more blasted unnamed Western countries Tuesday for what he said was support for the attempted coup on July 15 that left more than 270 people dead.

"The West is supporting terrorism and taking sides with coups," Erdogan said, adding that forces unhappy with Turkey's rise as a regional power were behind the coup.

Erdogan also repeated a complaint that no foreign leader had visited Turkey after the failed coup, while France and Belgium received visits in solidarity after terror attacks there.

THE ASSOCIATED PRESS

Heavy monsoon rains batter India

The death toll in flooding from heavy monsoon rains in India has climbed past 90, with about a million people taking shelter in government-run relief camps, officials said Tuesday.

Incessant downpours have damaged swaths of land, uprooted trees and snapped telephone cables in dozens of districts in the states of Bihar in the east, Assam in the remote northeast and Himachal Pradesh in the north.

A total of 96 people have been killed in the flooding in the three states over the past week, according to state officials.

THE ASSOCIATED PRESS

EARTH FEVER

HEAT RECORDS BROKEN

Children play as they cool down in a fountain beside the Manzanares river in Madrid, Spain last year — a year that saw dozens of climate records broken.

A National Oceanic and Atmospheric Administration report Tuesday declared 2015 the hottest on record.

The new report shows the broad extent of other records and near-records on the planet's climatic health. Those include record heat energy absorbed by the oceans and lowest groundwater storage levels globally.

AP PHOTO/ANDRES KUDACKI, FILE

Vancouver's tax on foreign buyers has sparked concerns for Toronto's housing market. TOP: JENNIFER GAUTHIER/FOR METRO; BOTTOM: LUCAS OLENIUK/TORSTAR NEWS SERVICE

Hot housing could get hotter

REAL ESTATE

Vancouver's tax seen as shifting foreign buyers to Toronto

Toronto's red-hot real estate market could get even hotter as foreign nationals looking to dodge a new 15 per cent tax on properties in Vancouver seek new places to invest, realtors say.

The tax, which took effect Tuesday, was introduced by the British Columbia government with the intent of improving home affordability in Metro Vancouver, where house prices are among the highest in North America.

But it has also given rise to concerns that it could exacerbate Toronto's housing market.

"Where are those foreign investors going to go?" said Derek Ladouceur, a Toronto real estate agent.

"They're not going to want to pay that 15 per cent, so they're going to now dump it into the Toronto real estate market, which is already hot."

Ladouceur predicts that all segments of Toronto's housing market will get pricier, from condos to detached single-family homes, but the luxury segment — where many foreign investors park their money — could see the biggest lift.

Dianne Usher, a Toronto-based realtor with Royal LePage, says some foreign buyers have already been flocking to Toronto as soaring home values have priced them out of Vancouver's market.

"With an additional tax it will grow exponentially, in my view," says Usher.

Ontario Finance Minister Charles Sousa has said he is examining the tax "very closely" as a possible measure to address Toronto home prices.

The average cost of a home in the city in June was $746,546, up nearly 17 per cent from the same month last year, according to the Canadian Real Estate Association. In comparison, Vancouver home prices averaged $1,026,207, a rise of more than 11 per cent.

Brad Henderson, president and CEO of Sotheby's International Realty Canada, said some foreign nationals could also snatch up properties in parts of British Columbia that aren't subject to the tax, such as Victoria. THE CANADIAN PRESS

CATCH LIMITS

Small fish in big trouble

The federal Fisheries Department needs to start considering predators' fate when it sets catch limits for small fish, a new report by WWF-Canada concludes.

The conservation group analyzed data on 27 foraging species, and found three fisheries are in decline in Atlantic Canada. That includes two herring stocks in the Gulf of St. Lawrence.

Seabirds, whales and bluefin tuna face starvation without the teeming schools of foraging fish, which are also critical to the recovery of commercial fisheries such as northern cod, the group says.

"They need to shift the way they are doing their stock assessment.
Aurelie Cosandey-Godin

It says in all cases, fisheries management does not sufficiently account for predator needs.

"They need to shift the way they are doing their stock assessment and move towards a real ecosystem type stock assessment," says Aurelie Cosandey-Godin, a WWF marine biologist who worked on the study. She said there are now good computer models that can take into account predator needs, and it's time for fisheries managers to start using them. THE CANADIAN PRESS

AIR TRAVEL

Advocate sued for defaming NewLeaf

NewLeaf Travel, a Winnipeg upstart offering discount airfares, is taking direct aim at its main critic, filing a defamation lawsuit against the consumer advocate who has raised concerns about its operations.

Gabor Lukacs

The company, which launched last month after a false start over licensing questions earlier this year, is accusing Gabor Lukacs, a self-described airline passenger rights' advocate, of "an unrelenting, aggressive and malicious attack," targeted at NewLeaf and at NewLeaf's potential and existing customers.

The statement of claim, filed in Manitoba last month, alleges that Halifax-based Lukacs, is making "false and malicious statements" on his Airline Passengers Rights page on Facebook and in Twitter posts, suggesting NewLeaf is operating illegally.

NewLeaf Travel, which calls itself a "low-cost" air travel company, originally announced plans to begin operating in February. But when questions emerged about whether NewLeaf needed to be licensed by the Canadian Transportation Agency, it suspended sales and refunded customers. After a review, the Canadian Transportation Agency sided with NewLeaf, arguing it was merely a ticket reseller and not an airline, as it contracts all flying including pilots and flight attendants with Kelowna-based Flair Air. TORSTAR NEWS SERVICE

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Your essential daily news
Wednesday, August 3, 2016

ROSEMARY WESTWOOD
ON A CYCLE OF FEAR

We are not engulfed in anti-immigrant sentiment but we still hear the old chestnuts ('Go back where you came from!') delivered with an urgency that belies how familiar the process of welcoming newcomers really is.

Anti-immigration calls enveloping the U.S. election and destabilizing politics in Europe contain a common urgency.

Common, but deceptive. The urgency is actually old and recycled. It's contained in anti-immigration calls over centuries, addressed in a Shakespeare monologue that calls for an angry mob to put itself in the foreigner's shoes, exemplified by discrimination and hatred shown to Irish, Italians and Polish in North America in decades past. The urgency is apocalyptic. It signals a swift-stalking doom. It promises the end is pretty much already nigh, the fears already realized.

And it was the tenor of public sentiment here, fifty years ago, when Matilda, an Armenian from Aleppo, Syria, arrived in Canada.

"Back then it was nothing to say, 'Go back where you came from,'" she said, sitting in a chair in the centre of the corner shop she runs in Toronto's Little Italy, an odds-and-ends buffet of household items supplied entirely by her not large, but largely hoarding family ("One even keeps gum wrappers!").

There are teacups, silverware, running shoes and a floral kimono (which brought me in), a vintage Madonna magazine, art prints, and the sense that anything might be unearthed. But Matilda herself is far more interesting. She sat near a fan ("I hate the heat") and I found myself sitting in the chair beside her, which I now imagine she keeps for visitors, expected or otherwise.

"Do you know what a DP is?" she asked, then answered: "Displaced person."

When Matilda and her husband arrived in Toronto, they rented an apartment while her husband, who had already studied to become a pharmacist in Rome, went back to school to earn Canadian credentials while working night shifts at a hospital pharmacy.

"You DP's," their neighbour told them one day, repeating a phrase echoed through history: "You come here and take all the jobs."

A CANADIAN TRADITION Former Conservative immigration minister Jason Kenney is seen in 2010 at a press conference where he announced an increase in Canada's refugee quotas. CP FILE

For forty years, Matilda's husband ran a pharmacy in this shop, and the pink neon "pharmacy" sign still glows over a clothing rack. He died suddenly one day at work eight years ago, and no one wanted to buy the little pharmacy, she said. So, two months later, Matilda opened the reimagined shop.

She thinks Toronto has changed immensely since they arrived, grown in diversity and diminished in discrimination. And yet, last year, during the height of the niqab debate, a Conservative MP was chastised for telling Muslim women to "stay the hell where you came from" if they seek to cover their face during citizenship ceremonies.

That same old chestnut.

Which is not to say we are also engulfed, like U.S., or the U.K., or Europe generally, in anti-immigrant sentiment. Eight in 10 Canadians think immigration is good for the economy, and more than half disagree with the statement that immigration levels are too high, according to an Environics Institute survey from 2015. Even our right-wing politicians are believers. When Jason Kenney, a former immigration minister, announced his campaign to unite and lead Alberta's right-wing parties, he played up immigrants' positive impacts on this country. His former colleague, MP Michelle Rempel, has been hammering away at the Liberal government for not fast-tracking Yazidi refugees from Iraq.

But Canada has something that others do not: control. It's difficult to travel to this country, bordered as it is on three sides by forbidding oceans and on the fourth side by the U.S.

Immigrants brought here, under a fairly well-functioning program, are often highly skilled and carrying job offers (a priority for the Conservatives). Essentially, they're invited. In the U.S., the U.K. and other nations, immigrants are those who arrive of their own accord.

Our buffers make our welcoming posture easier to achieve, warns Jeffrey Reitz, director of Ethnic, Immigration and Pluralism studies at the Munk School for Global Affairs. And studies have not conclusively shown that we're any better than the U.S. at integrating immigrants when they do arrive, he added.

As for the desperation with which anti-immigrant sentiment is flung, it's historically unnecessary.

"In every wave of immigration, people raise the alarm that society is being destroyed and in no case that I can think of has it come to pass," Reitz said.

A recent case in point: "In the '70s and early '80s, there was a big debate in Toronto about the fact Toronto was no longer, because of immigration, a majority British city."

And then?

"All the people that used to be in 'them' in the '70s and '80s, they then became 'us.'"

A more recent case in point: As I was talking with Matilda, a homeless man in a long trench and non-matching sneakers sans laces walked in.

"Here comes my boyfriend," she said.

"Candy?" the man asked.

"Yes, I have candy for you," she said. "One minute."

The man pulled up his pant legs to reveal bare ankles. "And socks."

"Yes, I have socks for you."

She turned back to me to deliver the punchline of the joke she was telling. "The third man says, 'I wrote him a cheque!'"

Then she laughed and then she moved off to retrieve her boyfriend's requests. One of us and, surely, one of the better.

Where immigration is concerned, Canada has something that others do not: control

'The Brazilian Way' of getting the job done

Kira Proctor

With only days to go before the opening ceremonies, there are growing concerns over whether Rio de Janeiro is prepared to host the Olympics.

Amid the published concerns, there are plenty of good reasons for doubt: a government in political turmoil, a state that is bankrupt, the potential threat of the Zika virus, unfinished stadiums void of workers or progress, similarly unfinished metro links, contaminated water in the harbour, and numerous reports of human rights violations, which include everything from forced evictions to police brutality.

The consensus in the media is clear: Rio is a disaster. Outside of the country, this news carries an element of shock. How could they let it get so bad? When I speak to friends in Brazil, my questions are met with tired shrugs and a quippy "What did you expect?" With a smirk that seems to combine celebration and cynicism, they add, "It's the Brazilian way."

Is there such a thing? Brazilians seem to think so. It even has a name: *jeitinho*. According to Brazilian anthropologist Lívia Barbosa, there is no English translation for the expression *dar un jeitinho*. She says, "'To pull a string' or 'to cut through the red tape' are the most similar idiomatic expressions I can find."

The *jeitinho* suggests a circumventing of official channels, along with a certain resourcefulness and creativity in getting what you need. Flirting with a bank teller to speed up a money order, slipping through a club's side door with the help of a bouncer, getting a co-worker to cover for you when you duck out early.

Most cultures employ analogous methods of pulling strings or helping each other out, so what makes the *jeitinho* unique? It seems to occur on an almost instinctual level for most Brazilians; it may be their first course of action, before even trying official channels. It is a favour asked for and given without the expectation of being repaid in anything but friendliness. There is no debt. It is a human practice — sympathetic, kind, helpful, and a great equalizing force in a society plagued by inequalities.

A similar bending of the rules goes on at the highest levels of government but sadly performs the opposite function. We're seeing it right now in the leadup to the Olympics. Take the wall erected along the highway from the airport to the touristy areas of the Zona Sul. Sold to locals as a sound barrier, it's obviously an attempt to block out some of Rio's most impoverished communities. It turns transparent any time there is something positive to look at — a newly built school, for instance.

"The Olympics pretext is awesome," Rio's mayor joked in 2012. "I need to use it as an excuse for everything. … Now all that I need to do, I will do for the Olympics. Some things could be really related to the Games, others have nothing to do with them." Was anyone laughing then? Are they now?

The *jeitinho* is Brazil at its best and worst. Whether Rio succeeds or fails in pulling off these Olympics, it will be largely because of the *jeitinho*.

Kira Proctor is a writer who spent three years living in Brazil, studying Portuguese, capoeira and Afro-Brazilian dance and culture.

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Your essential daily news

Starbucks recalls stainless-steel straws after reports of children suffering "mouth lacerations"

What's next for the kids?

This summer's hit show Stranger Things rides a Steven Spielberg-Rob Reiner vibe with its use of a solid young cast and early 1980s timeline to tell an engrossing sci-fi (with a side of horror) tale. It's only been on Netflix for about a month, but the pre-teen stars appear poised for bigger things. We check in on what's next. TORSTAR NEWS SERVICE

NOAH SCHNAPP

He plays Will Byers, the vanished boy who sets the story in motion. Before the show, the 11-year-old actor voiced Charlie Brown in The Peanuts Movie and played Tom Hanks' son in Steven Spielberg's Bridge of Spies. He'll be seen next as Otis, a "nine-year-old crossword fanatic" in family drama We Only Know So Much, alongside Jeanne Tripplehorn, Damian Young and Loudon Wainwright III. It's due out next year.

FINN WOLFHARD

The Vancouver-born 13-year-old plays Mike Wheeler, leader of the group of guys at the heart of Stranger Things. And this is not the only horror-tinged project on his plate. There's plenty more spooky stuff going on for Wolfhard, who is now in Toronto shooting Andres Muschietti's two-part remake of It. He plays one of the seven kids in the Losers Club, Richie Tozier.

CALEB MCLAUGHLIN

Now playing likable Lucas Sinclair on Stranger Things, McLaughlin isn't ready to leave the '80s behind. He'll be seen next in New Edition: The Movie. The three-night miniseries to air on BET tells the story of the 1980s boy band, with McLaughlin playing the young Ricky Bell. Elijah Kelley takes over the role as the singer grows up.

GATEN MATARAZZO

The young actor described his character Dustin Henderson as "a gregarious, foul-mouthed 12-year-old boy" in an interview with IndieWire. His speech impediment is natural, so is his adorable smile. This is only his second TV role, but Matarazzo is no performing newcomer. When he's not on the Stranger Things set, he's busy playing Gavroche in musical Les Misérables.

MILLIE BROWN

Playing Eleven, the mysterious girl with the shorn hair, fixed stare and psychokinetic skills, is the breakout role for the 12-year-old Spanish-born Brit. She's done a few TV guest spots, including Grey's Anatomy and Modern Family, and played young Alice in series Once Upon a Time in Wonderland. What's next could include a musical. Brown's YouTube site has her doing emotional renditions of songs by Amy Winehouse, Adele and John Lennon.

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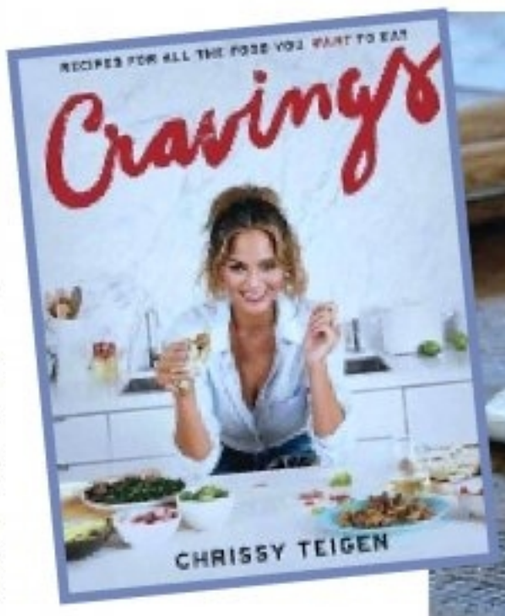
A new take on a summer favourite

RECIPE

Caprese salad boasts creamy cheese, crunchy prosciutto



The Caprese salad is universally loved.

In Cravings, Chrissy Teigen's cookbook that she co-wrote with Gourmet magazine alumna Adeena Sussman, the model offers a new take on a summer favourite.

She uses burrata — fresh mozzarella with a creamy centre — and cuts the tomatoes in different shapes and sizes, some slices, some wedges.

She omits the traditional basil and adds arugula and delicious, crunchy prosciutto chips which take this Caprese from ordinary good to extraordinary great.

The prosciutto chips (she calls them crisps) are easy to prepare and make such a difference. You can substitute them in almost any recipe that calls for bacon.

Caprese salad with crispy prosciutto

Serves 6.

This Caprese salad uses burrata — fresh mozzarella with a creamy centre. CONTRIBUTED

Ingredients:

- 4 cups baby arugula
- 1 (8-ounce) ball burrata or fresh mozzarella cheese
- 2 pounds assorted ripe tomatoes cut in a variety of shapes (wedges, slices, chunks, etc.)
- 3 tablespoons best-quality olive oil
- 1 tablespoon balsamic vinegar
- 1-2 teaspoons kosher salt
- 1/2 teaspoon freshly ground black pepper
- 6-12 prosciutto crisps (recipe follows)

Directions:

1. Scatter the arugula on a serving platter and place the cheese in the centre. Arrange the tomatoes around the cheese.

2. Cut a small opening in the burrata/mozzarella ball so you can see the centre, and then drizzle olive oil all around the platter.

3. Drizzle balsamic vinegar on the tomatoes and arugula. Season with the salt and pepper and top with the prosciutto crisps.

Prosciutto crisps

1. Preheat oven to 400 F. Line a baking sheet with parchment paper.

2. Arrange prosciutto on the baking sheet.

3. Bake until wrinkled and slightly shrunken, 11 to 13 minutes. (It will crisp as it cools.)

4. Cool, eat whole as a snack, or crumble and use as a garnish for salads, or anything that could use crispness. THE ASSOCIATED PRESS

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Cool treats

Trying to beat the heat with a cool treat can land you in hot water nutritionally!

PICK THIS

Dairy Queen Hot Fudge Sundae

Calories 440
Fat 15g
Sugar 57g

SKIP THIS

Dairy Queen Cotton Candy Blizzard

Calories 870
Fat 23g
Sugar 113g

HERE'S WHY

Equivalent two 2L bottles of Coke in sugar

The hot temperatures have us running to these sweet soft serve desserts that we believe are lighter than regular ice cream, since they are made with milk not cream. Once you add all the mixes that are in the famous Blizzards, you have more calories, fat and sugar than an entire meal! You can still have your dessert by picking a not-so indulgent option. The classic Hot Fudge Sundae is a better substitute. You'll get your sweet fix and a cool down, but save half the calories, fat and sugar.

U.S. RESEARCH

Medical benefits of flossing not proven

It's one of the most universal recommendations in all of public health: Floss daily to prevent gum disease and cavities.

Except there's little proof that flossing works. Still, the U.S. government, dental organizations and manufacturers of floss have pushed the practice for decades. Dentists provide samples to their patients; the American Dental Association insists on its website that, "Flossing is an essential part of taking care of your teeth and gums."

The U.S. federal government has recommended flossing since 1979, first in a surgeon general's report and later in the Dietary Guidelines for Americans issued every five years. The guidelines must be based on scientific evidence, under the law. Last year, the Associated Press asked the departments of Health and Human Services and Agriculture for their evidence, and followed up with written requests under the Freedom of Information Act.

When the federal government issued its latest dietary guidelines this year, the flossing recommendation had been removed, without notice. In a letter to the AP, the government acknowledged the effectiveness of flossing had never been researched, as required. The AP looked at the most rigorous research conducted over the past decade, focusing on 25 studies that generally compared the use of a toothbrush with the combination of toothbrushes and floss. The findings? The evidence for flossing is "weak, very unreliable," of "very low" quality, and carries "a moderate to large potential for bias."

"The majority of available studies fail to demonstrate that flossing is generally effective in plaque removal," said one review conducted last year.

National Institutes of Health dentist Tim Iafolla acknowledged that if the highest standards of science were applied in keeping with the flossing reviews of the past decade, "then it would be appropriate to drop the floss guidelines." Regardless, he added, people should still floss.

THE ASSOCIATED PRESS

LIQUID ASSETS

An ale for summer

With their often palate-pounding maltiness and penchant for high levels of bitter hops most ales don't match well with the lazy, hazy, crazy days of summer.

Belgium, a country that treats beer with the same reverence its European counterparts give to wine, has a liquid answer for everything, and when it comes to warm weather drinking its population turns to white beer. The original is Hoegaarden (6x330ml, $14.25-$15.49), a cloudy wonder made with wheat and infused with coriander and orange peel. It's the inspiration behind dozens of wheat-based brews including Molson Coors' Belgian Moon (473ml, $2.45-$3.69).

Belgian Moon is a thirst-quenching refresher that sees its citrusy flavour profile elevated a few floors when served on a hot day with a slice of orange as a garnish.

PETER ROCKWELL/ METRO

metro WHEELS
Your essential daily news

Alfa Romeo 4C not likely to last past 2020

Brought to you by the letter C

ALL PHOTOS LEE BAILIE

REVIEW

Collab? Compact? Crossover? Cool.

Sami Haj-Assaad
AutoGuide.com

Today's review of the Infiniti QX30 is brought to you by the letter C. C, as in collaboration, compact and crossover — all words that apply directly to this all-new vehicle from the Japanese automaker.

See, this new vehicle from Nissan's luxury arm was developed with some help from a German rival: Daimler, the folks behind Mercedes-Benz.

In fact, the platform and powertrain are all Mercedes derived, and you can get a very similar car to the QX30 with the Mercedes GLA 250. But there's more. It features a nicely crafted cabin, more refined driving dynamics and is offered in a number of different variants that will surely appeal to luxury buyers.

Infiniti wants customers to think of the QX30 as a whole family of vehicles. That's because it is offering three versions of it: the base QX30, the QX30 Sport and the QX30 AWD.

One of the bigger complaints we had with the Mercedes GLA is the amount of rear seat space for passengers. Sadly, the QX30 offers even less passenger volume than the GLA, but provides more cargo room. This is more than the Lexus NX, BMW X1 and Audi Q3. Despite being called a crossover, the QX30 and QX30 AWD are actually lower in height than most of those aforementioned cars. Only the GLA 250 is lower than the QX30 AWD, by 0.2 of an inch.

Competing with such cars as the BMW X1, Audi Q3, Lexus NX and Mercedes GLA isn't easy, but a low price tag, several available models and attractive styling will help Infiniti move units. And once you drive a QX30, things get more impressive.

Unlike the GLA it has so much in common with, the QX30 feels far more refined, particularly in regards to the powertrain. Where we found the seven-speed dual clutch to be lazy and jerky in the GLA, the QX30 felt much more normal in comparison.

The engine is quick enough and you won't be wanting much more power, although high-speed passes will take a little extra planning. The thrust of the turbo is pretty good, although the QX30 AWD felt a little less sprightly off the line. I'd chalk that up to extra weight, as the all-wheel drive adds a lot of weight of the car. Still, the porkiest version of this vehicle (QX30 AWD with the Premium package) weighs under 1,588 kilograms, meaning the engine should be quite efficient.

The ride quality is top notch. It's smooth, confident and reminds me of the bigger vehicles Infiniti offers.

THE CHECKLIST | 2017 INFINITI QX30

THE BASICS
Engine: 2.0-litre turbocharged four-cylinder
Power: 208 horsepower and 258 lb-ft of torque
Transmission: Seven-speed dual clutch automatic
Fuel Economy: TBD
Pricing: Expect it to start at in the mid-$30K, U.S.

LOVE IT
- Refined
- Stylish
- Nice Interior

LEAVE IT
- Cramped rear seat
- Noise
- Low height for a crossover

CAR CARE

Are you being a goon if you use the wrong gas in your vehicle?

Sami Haj-Assaad
AutoGuide.com

Does your car need regular fuel or premium? Gas or diesel? What happens if you put the wrong fuel into your car?

The results vary wildly from case to case, but you need to be careful and be aware of what effects your actions might have.

What happens when you put diesel in a gas car?

Due to the different nozzles used for gas and diesel fuel at stations, it's usually hard to mix them up, but mistakes do happen.

If you realized your mistake, the important thing is to stop driving the car. Parking and turning off the engine will limit the damage. Otherwise, the car will use up the remainder of the gas in the tank and eventually shut down, since gas engines can't combust diesel.

What you need to do is drain the tank and fuel lines, fuel rails and injectors of the diesel fuel. You can try to do this yourself, but a mechanic is better. Usually, there's no permanent damage, but this kind of fix can cost anywhere between $500 and $1,000 US plus the cost of a tow to the closest mechanic.

How about gas in a diesel car?

Going the other way around is far more harmful and dangerous for your car. Diesel is not only a fuel, but serves as a lubricant as well, so you can really damage the fuel-injector pump by using gasoline instead of diesel.

That's not the only thing that can go wrong. Diesel and gasoline have different combustion properties, meaning gas would detonate much earlier in a diesel engine, resulting in misfires and knocking that will require certain parts of the engine to be repaired, rebuilt or replaced.

If you accidentally put diesel into your gas-powered car, stop running the engine immediately and get a tow to a mechanic, where they will drain and clean your system.

Premium fuel in a car that doesn't need it?

Sorry to burst your bubble, but nothing significant will happen.

In some cases, like while towing or in hot, dry weather you might see a slight benefit, but due to the engine computers adjusting their timing automatically to compensate for the increased octane levels, no damage or noticeable benefits will occur.

Regular gas in a car that needs premium?

Using lower octane fuel in a car that calls for premium can cause serious damage to your vehicle.

You'll likely notice the spark knock, which is best described as a sort of a high-pitched pinging or rattling noise.

Fortunately, the engine computers can adjust timing to limit damage caused, but you'll notice reduced performance and poor fuel economy.

Switch back to premium as soon as you can.

May the force be with you

X-WING

Hot Wheels makes drivable Star Wars car

Hot Wheels is making every Star Wars fan's dream come true. The company has reimagined the iconic X-Wing from Star Wars as a high-performance racecar, powered by a 2.0-litre engine and backed by AP dual piston caliper brakes with slotted rotors and custom slick tires to outmaneuver the Empire. The Carship is capable of hitting a top speed of 290 km/h and was built from refurbished race car and jet engine parts. Naturally it features the Rebel Alliance logo along with a version of the iconic Hot Wheels logo. Mattel claims that the new X-Wing Carship will be one of the fastest toys ever on the orange Hot Wheels track. The company promises that it will release die-cast models later this year. JASON SIU/AUTOGUIDE.COM

ENVIRONMENT

Mercedes ramps up electric vehicles

Mercedes-Benz is shifting gears to focus on electric vehicles. The German automaker has noticed the segment gaining market share and is adjusting its planning, CEO Dieter Zetsche told analysts during a call on second-quarter results. JASON SIU/AUTOGUIDE.COM

GOTTA GO FAST

Honda celebrates hedgehog's 25th

Creating the Sonic Civic, Honda teamed up with SEGA as the game celebrates its 25th birthday. Based on the turbocharged 2016 Honda Civic Touring Sedan, the Sonic Civic made its debut during this year's San Diego Comic Con. Featured on and throughout the modified vehicle is Sonic and Sonic's world, featuring custom wheels and tires that represent Sonic's infamous red shoes and gold rings. Perhaps most importantly for Sonic fans, it includes a flip-up/down 32-inch television to play on.

JASON SIU/AUTOGUIDE.COM

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Volkswagen

†Based on overall offers available on most 2016 models, including cash incentives and lease and finance offers, and excluding short-term promotions. Some models excluded. ***Finance payments must be made on a bi-weekly basis and cannot be made weekly.** Weekly equivalent payments shown for information only. Limited time finance purchase offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jetta 1.4T Trendline (#163VF1) base model with 5-speed manual transmission. Base MSRP of $17,620, including $1,625 freight and PDI, financed at 0% APR for 84 months equals 182 bi-weekly payments starting from $92 (after application of $1,000 finance bonus cash). $0 down payment or equivalent trade-in due at signing. Cost of borrowing is $0 for total obligation of $16,620. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. †Bi-weekly finance from the equivalent of $58 per week, based on a new and unregistered 2016 Jetta 1.4T Trendline+ model with 6-speed automatic transmission. Base MSRP of $22,020, including $1,625 freight and PDI, financed at 0% APR for 84 months equals 182 bi-weekly payments starting from $115 (after application of $1,000 finance bonus cash). $0 down payment or equivalent trade-in due at signing. Cost of borrowing is $0 for total obligation of $21,020. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **Up to $6,000/$2,000 bonus cash available to be applied as a discount on MSRP on cash purchase only of select new and unregistered 2016 CC models / select Jetta models (excluding the 1.4T Trendline 5-speed manual transmission (#163VF1)). Discount varies by model. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end August 31, 2016 and are subject to change or cancellation without notice. Model shown: 2016 Jetta 1.8T Highline automatic transmission, $27,995. Vehicle shown for illustration purposes only and may include optional equipment. Visit vwoffers.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Volksfest", "Jetta", "CC", "TSI", "Highline" and "Trendline" are registered trademarks of Volkswagen AG. © 2016 Volkswagen Canada.

metro SPORTS

Mother Nature will no longer be a problem at the U.S. Open now that the new retractable roof is up and running over Arthur Ashe Stadium

Semenya at heart of intersex debate

ROAD TO Rio

Testosterone question

South African runner able to compete but cases roll on

Caster Semenya races to victory in the women's 800-metre final during the Doha IAAF Diamond League 2016 meeting at Qatar Sports Club in May. The South African runner's intersex condition has created controversy and challenged the sex divide in sports. WARREN LITTLE/GETTY IMAGES

It seems the sports world just doesn't know what to do with an athlete like Caster Semenya. The South African runner, and others like her, may present one of the greatest dilemmas for the perception of fairness in sports.

Athletes like Semenya with intersex conditions — those that don't conform to standard definitions of male or female — debunk any presumption that everyone fits neatly into those definitive categories in sports.

According to sports scientist Ross Tucker, "the biology isn't quite as simple as that."

Semenya's story is well-known. As an 18-year-old newcomer at the 2009 world championships, she dominated the best women's 800-metre runners. The gap between her and the defending world champion, who finished second, was astounding. Semenya celebrated by showing off her bicep muscles, stoking a controversy sparked hours earlier by revelations that she had undergone sex verification tests.

She was later sidelined for 11 months by world track's governing body, the IAAF, and was only cleared to run again in 2010. She returned and won a silver medal in the 800 at the 2012 Olympics. Now 25 and the favourite for gold at the Rio Olympics, Semenya has been pursued by gender questions. But her case has never been about a man masquerading as a woman.

Semenya is a woman because she says she's a woman, was legally recognized at birth as female, treated as female, and identified as female. Nobody can dictate to Semenya what gender she is. But since the 1950s, track and field has conducted sex testing to protect women's competitions, initially using basic anatomy tests, and later chromosomes. The tests didn't work.

Sex testing in sports should be about preventing an unfair advantage and, therefore, not about genitalia or chromosomes, which don't make athletes run faster, jump higher or throw farther. What does, according to the IAAF, is testosterone.

The IAAF says testosterone is the most significant factor in athletic performance. Men, generally, have more testosterone than women. In 2011, the IAAF officially drew a line between men and women in terms of testosterone. The issue it sought to resolve was hyperandrogenism — high levels of naturally occurring testosterone in some women that apparently gave them a competitive advantage.

Tucker said research conducted by the IAAF showed six women with intersex conditions competed at the 2011 world championships. Joanna Harper, an expert on gender in sports and a consultant to the IAAF, thinks two female medallists at this year's indoor world championships are probably intersex, and estimated 5-10 intersex athletes will compete in track and field at the Rio Olympics.

Six years after Semenya was subjected to the IAAF tests, the lid was lifted on her situation in 2015. That's when Indian sprinter Dutee Chand went to the Court of Arbitration for Sport — the highest court in world sports — and challenged the IAAF rules that regulated testosterone in hyperandrogenic women.

The case forced the IAAF to publicly defend its rules that for hyperandrogenic women to be eligible to compete as women, their testosterone levels must be below a certain mark. It came down to a tiny measurement: how many nanomoles — a billionth of a mole — of testosterone a woman had per litre of blood. It couldn't be 10 nanomoles or more per litre, roughly the lower end of the male range. If it was 10 or higher, it had to be lowered. Harper said the testosterone levels of these hyperandrogenic women could be lowered either through the removal of internal testes or with hormone-suppressing medication.

> **They are fully in keeping with the Olympic spirit.**
> Former Olympic runner Bruce Kidd

Former Olympic runner Bruce Kidd, a professor of physical education and an adviser to Chand, opposes the testosterone-limiting rule. He argues that the testosterone is natural in these women, and although men produce more of it, "there is nothing to say that testosterone is a male hormone."

"Dutee and Caster are (competing) with their own chemicals," Kidd said. "They are fully in keeping with the Olympic spirit of being true to yourself and playing without doping. So why are they being castigated for that? I think it is so unfair."

Significantly, the IAAF accepted that its rules were basically discriminatory but were devised in search of a greater justice: fairness for women's track and field. Chand — and by default, Semenya — won an interim decision last year in the Court of Arbitration for Sport case, but on a different reasoning. The IAAF didn't have definitive evidence to show how much of an advantage the extra testosterone gave hyperandrogenic women. CAS gave the IAAF until July 2017 to provide the evidence needed to reinstate the rule, which won't be in place in Rio. THE ASSOCIATED PRESS

SAFE LANDING

Brazil welcomes Canadian athletes

Saskatoon's Gavin Schmitt, a six-foot-10 volleyball player, says his bed in the Olympic athletes' village is long enough and fits him just fine.

Gavin Schmitt GETTY IMAGES

Canada's athletes joined those from Angola, Malaysia and Figi in a welcoming party for the four countries at the village just outside the Barra Olympic Park on the west side of Rio. They were entertained with dancing and song.

Water leaks, exposed electrical wires and inadequate plumbing delayed Australia's move into the village last week.

But Schmitt and others in the Canadian contingent of 314 athletes say they have light, hot water, functioning toilets and good food in the village.

The opening ceremonies are Friday but Canada starts competing Wednesday when the women's soccer team faces Australia in a preliminary-round match. THE CANADIAN PRESS

OLYMPICS IN BRIEF

Japan athlete escapes whopping Pokémon Go bill

Japanese Olympic gymnast Kohei Uchimura may be a record six-time world champion, but he won't be encountering much success in his Pokémon Go efforts after running up a huge roaming bill in Rio.

Uchimura was stunned to receive a 500,000 yen ($4,900 US) mobile bill after playing the popular augmented-reality game. Thankfully for him, his Japanese carrier service agreed to reduce his bill to a 3,000 yen ($30) daily all-you-can-use contract. Uchimura is the reigning gold medallist in the men's all-around competition. THE ASSOCIATED PRESS

IOC blames anti-doping officials for tainting games

IOC president Thomas Bach lashed out Tuesday against those calling for the "nuclear option"' — a complete ban on Russian athletes from the Rio de Janeiro Games — as he and other members blamed global anti-doping officials for a scandal that has rattled the Olympic movement.

Bach opened the IOC's three-day general assembly by seeking formal backing of the members for the executive board's handling of the Russian doping scandal. After a debate lasting more than two hours, Bach asked for a show of hands, and only one of the 85 members — Britain's Adam Pengilly — voted against his position. THE ASSOCIATED PRESS

NHL

Woman says Sabres' Kane attacked her

A 21-year-old Buffalo woman has sued Sabres forward Evander Kane, saying he seriously injured her in the hotel room where he lives.

Documents filed July 1 in Erie County State Supreme on behalf of Rachel Kuechle Court say Kane met her in a bar, invited her to what he said was a party and then attacked her, causing cuts and bleeding that required multiple surgeries.

Without providing details of how she was injured, her lawyers said Kuechle suffered "serious emotional trauma" and "serious, permanent and painful personal injuries."

Kane's actions are described as "unwanted, unconsented to, violent and offensive in nature physical battery," according to court papers.

No monetary damages were specified in the lawsuit. A message left for Kuechle's lawyer wasn't immediately returned.

Kane had been cleared in March of any criminal charges after authorities investigated the Dec. 27 encounter initially described as a possible sexual assault. THE ASSOCIATED PRESS

RECIPE Fresh Salmon Burgers

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This gourmet burger is a healthy twist on the summer staple. Big chunks of fresh salmon make it satisfying, yet surprisingly easy to make.

Ready in
Prep time: 20 minutes
Cook time: 10 minutes

Ingredients
- 1 1/2 lb fresh salmon filet
- 1 clove garlic, minced
- 1 Tbsp ginger, minced
- 4 scallions, sliced
- 1/2 tsp salt
- 2 Tbsp sesame oil
- 1 egg, whisked
- 1/2 cup panko (or bread crumbs)
- 2 Tbsp vegetable oil

Directions

1. Chill your salmon for at least 15 minutes before you begin. Using a sharp chef's knife, cut away the skin (if you didn't buy skinless salmon). Chop the filets into roughly 1/2 inch dice. Do not use a food processor. You will end up with salmon paste and that's not what we're after.

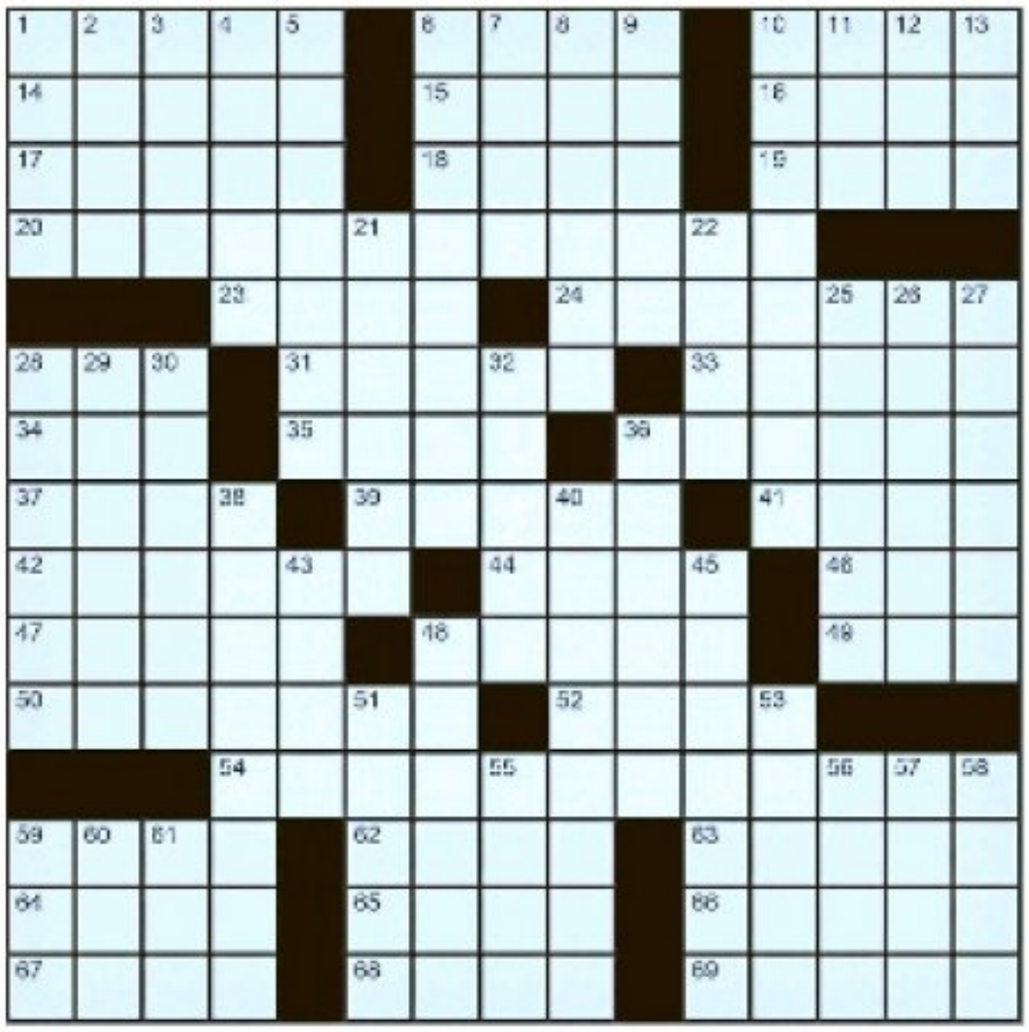
2. In a large bowl, mix together the garlic, ginger, scallions, salt, oil, egg and panko. Add your chopped salmon and mix thoroughly. Divide the mixture into four, good-sized patties.

3. Warm the vegetable oil in a large skillet over medium heat. Gently place the patties in the warm pan and cook four or five minutes, carefully turn them over and cook for another four or five minutes. Serve on a toasted bun with your favourite slaw.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Q. "Is there __ Eliza Doolittle in 'Pygmalion' by G.B.S.?" A. "Indeed."
6. Eat away at
10. Pack away
14. Aqua-denizen, with Ray
15. Oscar-winning composer Nino
16. Rum cocktail, __ Libre
17. Spoken/heard
18. Mirror __ __ House: The Autobiographies of Sean O'Casey
19. Water wader
20. "When I Get Back" is a song by this former Montreal indie duo with the 2011 album 'Sound Kapital': 2 wds.
23. Ms. Gilbert of "Roseanne"
24. TV show segment
28. "__ for two and me for..."
31. Stockpile
33. Fable's lesson
34. Carol of fashion covers
35. Joint pain site
36. Amalgamated
37. __-mucil (Fiber supplement brand)
39. __ tomatoes (Posh salad ingredients)
41. Equivalent
42. Retaliate
44. Doing word
46. Foes to yeses
47. Rocker Mr. Kravitz
48. Merle Oberon title role film of 1941
49. Summer bug
50. Certify
52. Hostels
54. Shania Twain slow song/video: 4 wds.
59. Sound system sort
62. Singe
63. __ acid
64. Mr. Rickman of reels
65. Present
66. Like green-covered cheese, variantly
67. Smelting waste
68. Stagnate
69. Authorization

DOWN
1. Nursemaid
2. __ fide (In bad faith)
3. Aware of the birthday surprise: 2 wds.
4. Diamond earring choices
5. Army private character created by cartoonist George Baker: 2 wds.
6. One pulling a displeasurable face
7. Zippo
8. Money-from-the-wall charge: acronym + wd.
9. Where to look on "Friendly Giant": 2 wds.
10. Crafts kit items
11. Bathroom feature
12. __-Wan Kenobi
13. Music producer Don
21. Particular popsicle
22. Icy layer
25. Star Wars: Princess Leia __
26. Bounced-back e-mail source, Mailer-__
27. Firstborn
28. Steamed-in-corn-husks dish
29. 7-__ (Convenience store chain)
30. Go to the party
32. Leaden
36. Sheep of Spain known for its quality fleece
38. Bothersome
40. Aristocrat's ancestry
43. Greek pita serving
45. Small fowls
48. Made the riverbanks resistant to rising waters
51. Seaweed-wrapped appetizer
53. South Pacific island group
55. Dixie Chicks hit: "Goodbye __"
56. Knavish
57. Ampersands
58. Stringed toy classic
59. Owns
60. "__ say!"
61. Flight watchdog, commonly

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Parents should be vigilant about their children, because this is a mildly accident-prone day for them. Meanwhile, expect sudden invitations to fun events!

Taurus April 21 - May 21
Your home routine will be interrupted today. Perhaps small appliances will break down or minor breakages could occur. Because things are a bit willynilly, be patient with family members.

Gemini May 22 - June 21
Expect to meet a new friend. Or perhaps you will discover a new place? That's because whatever happens today will be a bit unusual, and it will happen suddenly.

Cancer June 22 - July 23
Keep your eye on your money and possessions today. Financial matters might be unpredictable. If shopping, count your change and keep your receipts.

Leo July 24 - Aug. 23
There is a lot of energy and electricity in the air today! This makes you feel independent and ready to do your own thing. You also feel impulsive!

Virgo Aug. 24 - Sept. 23
Something unexpected that occurs behind the scenes might catch you off guard today. Allow a little extra time in your day so you can cope with this.

Libra Sept. 24 - Oct. 23
A friend might surprise you today. Or perhaps, you will meet someone new who is unusual. Scheduled meetings might be cancelled or changed.

Scorpio Oct. 24 - Nov. 22
Your ambition is aroused today; however, be courteous with authority figures. Even though you have unusual ideas, wait for the right time to present them. Today might not be the day.

Sagittarius Nov. 23 - Dec. 21
Unexpected travel opportunities might fall in your lap today. Meanwhile, school schedules are subject to change. You will learn something new and unusual.

Capricorn Dec. 22 - Jan. 20
Matters related to shared property, inheritances and debt will hold some surprises for you today. Make sure you know what's going on. Check your bank account.

Aquarius Jan. 21 - Feb. 19
Feelings of independence might boomerang today, because partners and close friends will react to you. Possibly they want more freedom! (And so it goes.)

Pisces
Feb. 20 - March 20
Your job routine will not be predictable today. Computer glitches and difficulties with machinery might create delays. Changes in personnel also make this an unpredictable day.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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5	1	6	7	9	8	4	3	2
7	3	8	6	2	4	9	1	5
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8	5	9	3	1	7	2	6	4
4	7	3	5	6	2	1	8	9
9	6	2	8	7	3	5	4	1
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